Chocolate Hazelnut Cheesecake Mousse

Serves 1

3 tablespoons quark

1 tablespoon hazelnut butter

1-2 teaspoons maple syrup (2 if you prefer it sweeter)

3 teaspoons cacao powder

Toasted hazelnuts to serve (optional)



Place all ingredients into a food processor and mix until smooth. Spoon into a bowl and top with nuts to serve if desired.

