

Raw Brownie Bites

1 heaped cup pitted medjool dates

1 heaped cup brown rice puffs

1/4 cup cacao powder

1/2 teaspoon vanilla essence



Blend all ingredients in a food processor until combined. Press the mixture into a baking dish lined with baking paper and use the back of a spoon to smooth out evenly (wet the spoon if the mixture becomes too sticky). Place in the fridge for one hour and then cut into small squares. Sift some additional cacao powder over the top if you prefer.